

Heritage Organic Farm Box Club

Fall & Winter most Common Organic Foods Offered

(Extras are not included in the regular box and must be ordered separately a week in advance)

Vegetables

Arugula
Beans, Green
Beets
Broccoli
Brussel Sprouts
Cabbage
Carrots
Cauliflower
Celery
Collards
Cucumbers
Daikon
Garlic
Ginger
Kale
Leeks
Lettuce
Mushrooms
Mustard
Okra
Onions, Yellow & Green
Peppers
Potatoes, Sweet
Radish
Spinach
Squash, Winter (Acorn, Butternut)
Tomatoes, Slicers & Grape Cherry
Turnips

Fruit

Apples
Avocados
Bananas
Cantaloupe
Dates
Grapefruit
Grapes
Kiwi
Lemons
Mangos
Oranges
Pears
Raisins
Tangerines

Herbs & Nuts

Basil
Cilantro
Rosemary
Sage

Almonds
Peanuts
Pecans
Walnuts

Extras

Cheese: (8 oz)
Cheddar Raw
Feta
Ground Beef
Filet Mignon
Stew Beef
Turkey Breast Sliced (7 oz)
Turkey (whole) (order around Thanksgiving)
Ham Sliced (7 oz)
Chicken (Whole)
Chicken Breast BL/SL
Grits
Coffee
Eggs

*Meat can only be purchased at the farm

